



The Legacy

A publication of
Children's Hospital
Foundation
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Plans Take Shape Over Time

When considering economic and financial plans, it can be helpful to think in terms of three phases of life.

The earning years

As a young adult, much activity is devoted to earning income for yourself and those who depend on you, while saving as much as possible for the future. At this point in life, many choose to share a portion of their earnings with others through their charitable gifts on a regular basis or in response to a special request.

Managing assets

During the middle years of life it is important to continue to earn and save, but for many it is also a time to manage what has already been accumulated. Investing through retirement plans, insurance programs, and other means can become a central part of economic life. This can also

be a time to make larger charitable gifts from income and assets as financial security increases and other priorities are met.

Planning for the future

Retirement is the time when a person enjoys income from the assets accumulated earlier in life. While still preserving assets for coming years, many people devote more thought during retirement to how they would like to distribute their assets to others in the future. Designating charitable gifts to Children's Hospital Foundation and others can be an important part of this process.

Regardless of your stage in life, regularly updated plans can lead to peace of mind and a greater sense of well-being.

Read on to learn how your plans can live with you and help fulfill your personal, financial, and charitable goals over time.

Children's  Hospital
FOUNDATION

Inside: Effective Estate Planning

Four Keys to Effective Planning

Taking the first steps is one of the most important parts of efficient estate planning. Putting your plans in the form of an outline can be a good way to start, and can make your goals more manageable.

Writing a thoughtful summary of your wishes can save expenses, too. Your attorney can prepare your will and other plans more quickly when working from a “blueprint” you provide.

Keeping in mind the “4 Ps” of estate planning may be a helpful starting point.

People: First, list the names of the *people* for whom you want to plan. They might include family members such as a spouse, children, and grandchildren as well as close friends and employees.

Property: Second, make a list of your *property* and how you own it. In addition to cash and investments, note other property such as real estate, stocks, automobiles, life insurance policies, retirement plans, jewelry, and collections of value. Estimate the dollar value and cost of each asset, along with any income it produces.

Plans: The third “P” will be your *plans* for matching *people* and *property*. List which property you would like each person to receive. A number of people choose to include charitable gifts to the Foundation as part of their plans.

Many tools have been developed for use in transferring property during your lifetime and as part of your estate. See page 3 for examples.

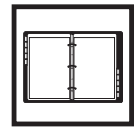
Planners: Finally, list the *planners* who will help you put your plans in effect. An attorney should draft legal documents. Your accountant, bank and life insurance professionals, investment advisors, and representatives of the Foundation and other charitable institutions and organizations you wish to remember may also take part.

You are now ready to meet with the person or persons you choose to coordinate the implementation of your plans. A draft of these plans should be prepared by a professional and carefully reviewed by you and perhaps one or more loved ones. Once all details are settled, your will and related documents are ready for signing.

The ‘4 Ps’ of Planning



People



Plans



Property



Planners

Keep Your Will Safe

Make photocopies for yourself, your attorney and, if you wish, other advisors and your executor. Place the signed original in a secure place, such as a fireproof safe or safe-deposit box, and keep a copy at home or your office for reference. You may want to leave instructions on any copies as to the whereabouts of the original document.

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The Planning ‘Toolbox’

The will is one of the first tools that comes to mind when thinking about effective planning. Other ways of distributing property can help round out your estate plan and minimize taxes and probate expenses.

The living trust is a popular plan. Assets (including securities or other property) can be placed in such a trust and managed according to your instructions. When the trust ends (usually at the end of one’s lifetime), the assets are managed or distributed as the trust directs, often avoiding the probate process. The trust provisions may usually be changed, or “canceled,” at any time during life.

Through *joint ownership*, property can pass directly to another owner at death, free of the delays and expense of probate. While joint ownership can be useful, it is never a substitute for a good estate plan.

Pay on Death and *Transfer on Death* provisions may also be used to transfer bank or brokerage accounts to individuals or the Foundation upon your death.

Giving property away to loved ones or the Foundation during your lifetime can reduce the size of the probate estate and perhaps save estate taxes that may be due. Such gifts may call for a change in your will and other plans.

Life insurance policies and *retirement plans* offer the opportunity to accumulate assets and make meaningful gifts that may also pass outside of probate, free of estate taxes under certain circumstances.

These planning tools typically function in concert with a will. If you do not have a will, your estate may forfeit possible tax savings and incur unnecessary delays and expense.

Are Your Plans Up to Date?

Your will and related plans should be reviewed regularly to assure they reflect changes in finances, family circumstances, tax laws, and other factors.

Financial picture

You may decide to sell or give away property or acquire new property that is not accounted for in your estate plans. This may call for changes in how you decide to provide for your family, special friends, and charitable interests.

Family situation

Births, deaths, and changes in marital status can greatly affect your

plans. Loved ones who were dependent on you at one time may now be independent, while others may now need greater assistance.

Federal and state laws

State laws govern wills and are subject to change. Federal and state tax laws can also have an impact on the way you and your advisors choose to structure your plans. Keep in mind that charitable gifts can provide generous tax savings and other benefits. This is a major reason to review your plans periodically with the assistance of your tax advisor.

Providing Support for Your Loved Ones

There are many ways to make meaningful charitable gifts while securing income for yourself and/or loved ones.

It is possible to arrange for a fixed income or an income that can fluctuate over time.

Such plans can feature significant estate, capital gain, and income tax savings.

More information on these alternatives is available upon request.



Add a Charitable Dimension to Your Plans

As we have seen in the preceding pages, there are many ways to include charitable gifts as part of your long-term estate and financial planning.

Here are suggestions of forms a charitable gift can take, whether left by will or through the use of other planning tools:

Fixed amount: A specific dollar amount may be given. This can be a useful alternative when funding a particular need.

Percentage: Providing for a percentage of your estate to be used for charitable purposes allows your gift to remain in proportion to the size of your estate.

Specific property: Securities, real estate, and other property can also be given through your estate.

Contingent: A contingent gift occurs only if other beneficiaries are unavailable or in the event of a specific occurrence (such as the prior death of a loved one). Unless a contingent beneficiary is named, your property might pass to distant relatives you may not even know. The Foundation and other charities are often named as contingent beneficiaries in wills, revocable living trusts, and other estate plans to receive property when other heirs are not there to do so.

Residue: This is a gift of what remains in an estate after other distributions have been fulfilled.

Whatever form you choose for your gifts, make certain that the correct legal names of the intended recipients are used in order to avoid confusion and unnecessary delays.

Remembering Children's Hospital

We gratefully acknowledge those individuals who included the hospital in their estate plans. The following bequests were received May 1 – October 31, 2008:

Dorothy Baker - \$25,000
Bernice T. Bellomy - \$5,000
Clara Rice Brooks - \$1,000
Charles P. Butcher - \$2,500
Margaret H. Corbell - \$1,142,550
Juliet H. Florance - \$20,155
Mary Barbara Grossman - \$10,000
Claire Alease Halligan - \$16,751
Dorothy Korb - \$5,119
Audrey Parrish Lewis - \$15,000
Teresa A. McRae - \$5,400
Inez Moore - \$600,000
Edgar L. Moss, Jr. - \$850,000
Lucille Cole Nunnally - \$1,000
Bernice Schermerhorn - \$1,505
Herbert Garland Thomas - \$356,156
Moir C. Weeks - \$20,000
Robert Sturgis Williams - \$308,000

Children's Hospital Foundation GIVING CLUBS

William Tate Graham Society

Annual gift of \$5,000 and up

(named in honor of the founder of the hospital)

Friends of the Children

Annual gift of \$1,000-\$4,999

(named in honor of patients served in our 88-year history)

Order of the Fountain

Annual gift of \$500-\$999

(named for the fountain on our front lawn)

della Robbia Society

Annual gift of \$100-\$499

(named for the original symbol of our care)

1920 Club

Annual gift of \$19.20-\$99

(named in celebration of the hospital's date of incorporation)

A Year of Growth: Your Gifts at Work

“Growing by leaps and bounds” has been a recurring theme at Children’s Hospital over the last 12 months. And it applies to more than the children we serve!

During the last year, the Hospital completed construction on several major projects, including expansion of the inpatient Transitional Care Unit (TCU) and the West Therapy Center. The playground at the main hospital underwent a major renovation and a new therapy center opened in Petersburg. The generosity of our many donors has been evident throughout every phase of this amazing process.



Children will enjoy the many benefits provided by the Hospital’s newly-renovated playground.

In November, the Hospital dedicated the Carolyn Bennett Arnold Transitional Care Unit in recognition of Mrs. Arnold’s estate gift of \$2.1 million. The TCU includes 47 inpatient beds (an increase from the previous 23), two activity rooms, a central nurses’ station, and a conference room.

The unit features brightly-colored walls, additional storage space in each patient room, and sensory stimulating design elements in the activity rooms.

To coincide with the expansion of the TCU, the playground also received a face-lift. The space enclosed by the four inner walls of the Hospital now includes an easily accessible play structure, an aquatic garden, seasonal plants, and wheelchair-high garden beds where children can plant and nurture flowers. The improved playground also features benches, topiaries, and a shaded area where children can enjoy the outdoors while staying out of the sun.

New therapy centers

Rounding out the projects are the expansion of the West Therapy Center and the opening of the new Petersburg Therapy Center. Renovation of the West Therapy Center was completed in October and now includes an additional 1,450 square feet of space for treatment rooms and an expanded waiting room.

The Petersburg Therapy Center opened its doors on November 3 and is bustling with patients seeking physical, occupational, and speech therapy. Conveniently located off the Wagner Road exit on I-95, the facility contains 3,108 square feet of space with an additional 1,337 square feet available for future expansion. Initially, the Petersburg Therapy Center will be open three days a week with additional hours and days to be added as demand increases.



At the ribbon cutting ceremony for the new TCU, residents Montana Clubb and Virginia Taylor give a helping hand to (l-r) Harry Lamon, representing Carolyn Bennett Arnold’s estate; Hope Quesenberry, RRT, NPS, Manager of Respiratory Care; Bonni Mitchell, RN; and Leslie Wyatt, President/CEO.

Children come first

Over 6,800 children were treated at Children’s Hospital in fiscal year 2008. These children were able to advance, flourish and learn new skills through one of the Hospital’s many services, including physical, occupational, and speech therapy, pediatric dental care, the Children’s Hospital Feeding Program, the physician specialty services clinics, and the TCU.

An eye to the future

While hospital construction has slowed, we continue our mission to be a leading resource and provider of specialized medical and therapeutic services customized to meet the needs of children and their families.

The Dooley Society

The Board of Trustees established *The Dooley Society* in 1992 to recognize supporters of Children's Hospital who include the hospital in their estate plans. The society is named in honor of Mrs. Sallie May Dooley, the generous benefactor who provided the funds necessary to build the original hospital, still located on Brook Road, in 1928.

Since its founding, the hospital has relied on gifts made through estate planning. Members of the society make estate gifts to Children's Hospital Foundation in a variety of ways, with benefits to both the giver and the Foundation. An estate gift often provides donors with the ability to make a large gift while at the same time maintaining their current lifestyles.

Members of The Dooley Society name Children's Hospital Foundation in their wills, establish a trust or annuity, or purchase a life insurance policy naming the Foundation as the owner and beneficiary. The Dooley Society is now supported by a membership of 167.

For more information regarding The Dooley Society, please contact:

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