

## **Physical Therapist**

### **Position Purpose:**

The Physical Therapist provides therapeutic treatment and activities for a pediatric and adolescent population in accordance to discipline training, Standards of Practice and Code of Ethics of the American Physical Therapy Association, Code of Virginia, and hospital standards. The Physical Therapist performs evaluations, develops a plan of care, implements therapeutic activities, and educates patients/caregivers related to evaluation findings and treatment plan to maximize therapeutic gain. Types of evaluations will include, but not be limited to, vital signs, wounds, range of motion, sensation, strength, tone, balance, reflexes/reactions, gross motor development, posture, neck/back pain and dysfunction, gait, and adaptive equipment needs. Treatment procedures include, but are not limited to, physical agents, therapeutic exercise, developmental activities, neuro-physical treatment, functional activities, fabrication and use of adaptive equipment, gait training, wound care, soft tissue mobilization, spinal mobilization, wheelchair mobility, fabrication of splints, footboards, and serial casting.

### **Key Responsibilities:**

- Provides developmentally appropriate patient care to infants, toddlers, children and adolescents with a wide range of conditions and limitations in an efficient and professional manner based on professional theory and practice and in compliance with the standards of the hospital.
- Documents patient response to treatment and provides timely and accurate information to other members of the treatment team. Contributes to patients' integrated rehabilitation programs by participating in interdisciplinary treatment team or core meetings.
- Effectively copes with emotional and behavioral changes exhibited by patients and provides support to family, including siblings, or caregivers in the treatment environment.
- Provides for a safe environment of care.
- Supervises volunteers' and students' interaction with patients and families.
- Participates in program development, quality assurance and improvement activities. Attends in-services and continuing education opportunities.
- Exhibits excellent customer service skills.

### **Qualifications:**

#### **Skills, Knowledge and Abilities:**

Must be knowledgeable of the principles of growth and development, of a range of medical disorders, conditions and injuries and the effects of injury or illness on the family unit. Must possess knowledge and skill in the administration of a variety of assessment tools, treatment plans, and equipment associated with motor disorders. Basic computer skills and data entry knowledgeable is desirable.

#### **Education and/or Experience:**

Must possess at least a bachelor's degree in Physical Therapy.

**Licensure:** Current or eligible for Virginia license as Physical Therapist, or approved for Traineeship.

#### **Physical Requirements:**

Must be capable of consistent and predictable attendance. Able to carry out CPR. Capable of independent moderate lifting, to 75 lbs. Able to document patient progress through dictation or in records. Able to communicate with a diverse patient population, teammates, and external customers. Able to walk, stand, kneel, sit on floor, crouch, etc. for a majority of work time and to life, position patients, and push/pull moderately heavy treatment devices.