



MEDIA RELEASE

March 13, 2009

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AMERICAN FAMILY FITNESS TO HOLD CELEBRITY-AM CHARITY GOLF TOURNAMENT

RICHMOND, VA – American Family Fitness will be holding a Celebrity-Am Charity Golf Tournament to benefit Children's Hospital Foundation on Thursday, June 25, 2009, at Hunting Hawk Golf Course.

The 2009 tournament will offer a 4-Person Captain's Choice team format, with every team having the opportunity to golf with a celebrity. Confirmed celebrities include: **Johnny Grubb**-NL All-Star in 1974, **Rod Langway**-Member of NHL Hall of Fame, 16 season NBA veteran **Johnny Newman**, former Philadelphia Phillies pitcher **Tommy Greene**, former UVA All-American and NBA veteran **Cory Alexander**, 2 time MLB All-Star **Gene Alley**, former New Orleans Saints quarterback **Aaron Brooks**, and former New York Yankees All-Star pitcher **Jim Coates**.

For information regarding this event, and a complete list of confirmed celebrities, visit www.amfamgolf.com. Registration fee is \$600 per team on or before June 19, 2009. Green-Tee Hole Sponsorships are also available for \$400. Sponsorship includes company name featured on signage for one hole.

Proceeds benefit Children's Hospital Foundation which supports Children's Hospital, a resource and provider of specialized medical and therapeutic services customized to meet the specific needs of children and their families. The hospital began as a small clinic in 1917 and now serves over 6,800 children each year, providing inpatient, day patient and outpatient services for a wide variety of medical conditions. As a result, the hospital relies on support from the community to continue its mission of caring for children.

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